



NMR TRAINING

MULTI-DIMENSIONAL EXPERIMENTS



What to Cover

- ▶ Introducing a second dimension
- ▶ COSY, NOESY, TOCSY, HSQC, HMBC
- ▶ 2D Processing
- ▶ Proton T1/T2 measurement,
- ▶ Diffusion measurement



Spectrometer Preparation

For all experiments, to begin with

Make sure that the spectrometer is well tuned to the intended frequencies.

Make sure that the spectrometer is well shimmed.

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Why Second Dimension

- ▶ To encode spin-spin interactions in a pulse sequence
 - Chemical shift interaction
 - J coupling
 - Dipolar coupling
- ▶ To remove spectral congestion

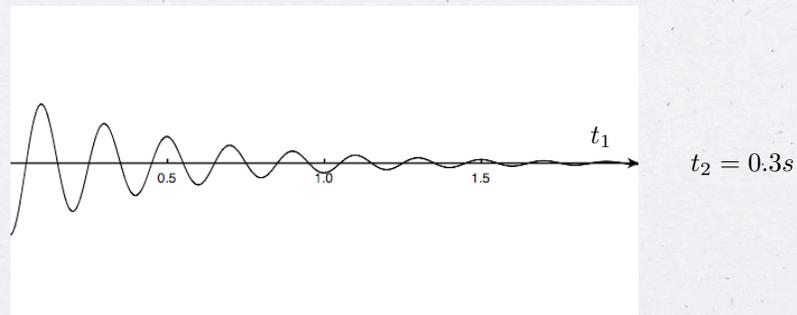
4



Introducing Second Dimension



Introducing Second Dimension

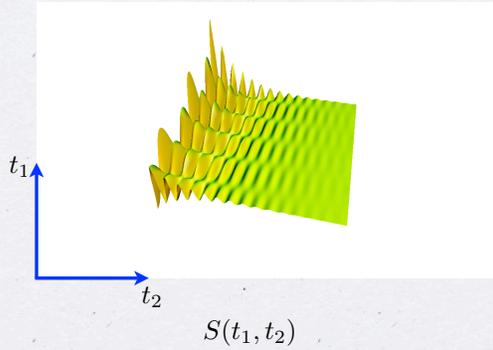


FIDs in t_1 dimension

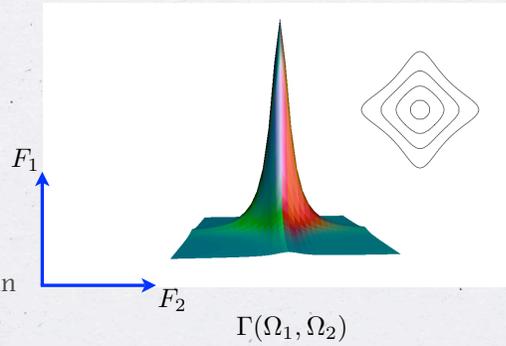
The data, $S(t_1, t_2)$, are now a function of both t_1 and t_2



Introducing Second Dimension



Fourier Transform



The data here were simulated for one single spin with 5Hz chemical shift and a T_2 of 0.5 second.

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Introducing Second Dimension

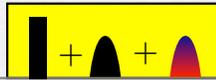
This hypothetical experiment for one-spin system is spectacularly useless because it does not generate extra information

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Introducing Second Dimension

$$I_A \xrightarrow{\text{dotted arrow}} I_A \cos(\Omega_A t) \xrightarrow{\text{solid arrow}} (\alpha I_A + \beta I_B) \cos(\Omega_A t)$$



Preparation

Preparing for spin state I_A

t_1

Evolution

Spin state I_A gets frequency labelling during evolution



Mixing

Coherence transfer from A to B during Mixing due to spin interactions

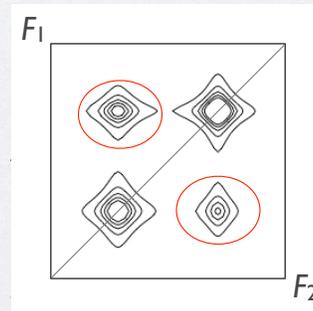
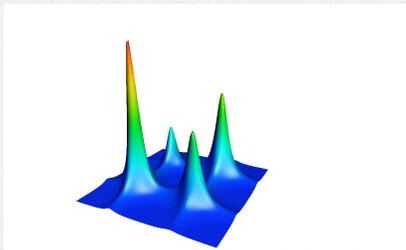
t_2

Acquisition

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Introducing Second Dimension



Crosspeak generates information about spin interactions, which is correlated with your structural and dynamic information.

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General Practical Considerations for 2D Experiment Setup

- ▶ To achieve sensitivities on F2 dimension, keep the sum of $d1$ and aq at least 1.3 times of your T_1 .
- ▶ It is rarely necessary to acquire longer $t1$ s than twice of your $T2$ s. In practice, for homonuclear experiments, keep $t1$ in the range of 1/8 to 1/16 of your $t2$, and for heteronuclear experiment, set $t1$ in the range of 1/128 to 1/256 of your $t2$. Linear prediction (see later) is recommended to remove data truncations in F1 dimension.
- ▶ To minimize $t1$ noise, 1) do not spin, 2) optimize your lock channel, 3) choose a solvent with a stronger lock if possible, 4) keep temperature constant, 5) use gradient version of a pulse sequence whenever possible.



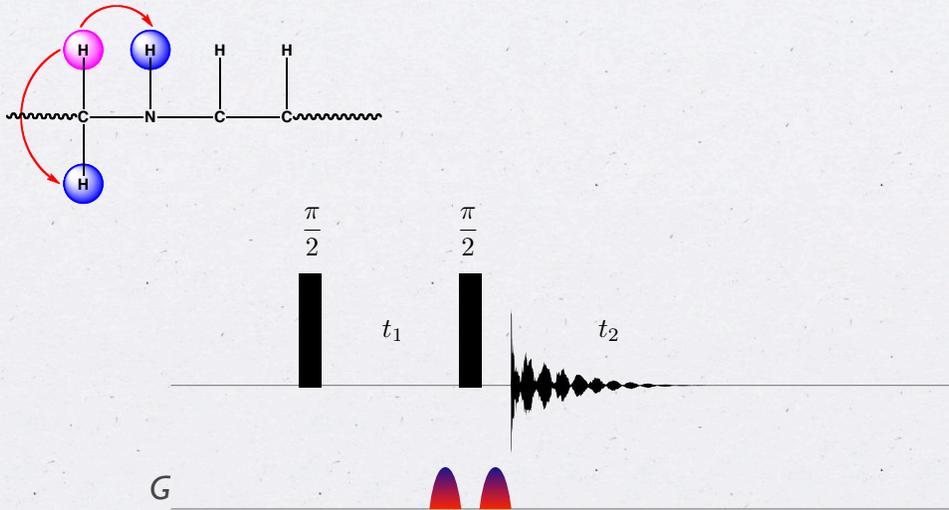
Lock Optimization

When lock is established,

- ▶ Slowly increase the lock power until the lock signal starts to be saturated, then lower down the lock power by 3-5dBm.
- ▶ Adjust lock gain so that the lock level is around 80% of the full lock screen.
- ▶ Type `loopadj` to optimize loop gain and loop time. Although this is optional, sometimes it works very well to remove spectral artifacts.



[H,H]-COSY



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What We Are Measuring

For diagonal signals:

$$\hat{I}_{1z} \xrightarrow{\left(\frac{\pi}{2}\right)_x} -\hat{I}_{1y} \xrightarrow{\Omega_1 I_z} \xrightarrow{2\pi J I_{1z} I_{2z}} \hat{I}_{1x} \sin \Omega_1 t_1 \cos \pi J t_1$$

$$\xrightarrow{\left(\frac{\pi}{2}\right)_x} \hat{I}_{1x} \sin \Omega_1 t_1 \cos \pi J t_1$$

For cross peaks:

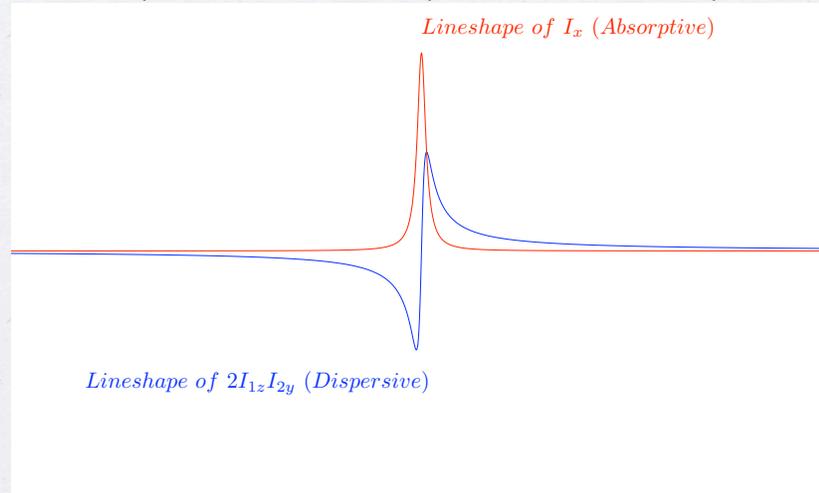
Preparation	Evolution	
$\hat{I}_{1z} \xrightarrow{\left(\frac{\pi}{2}\right)_x} -\hat{I}_{1y}$	$\xrightarrow{\Omega_1 I_z} \xrightarrow{2\pi J I_{1z} I_{2z}}$	$2\hat{I}_{1y}\hat{I}_{2z} \sin \Omega_1 t_1 \sin \pi J t_1$
	Mixing $\xrightarrow{\left(\frac{\pi}{2}\right)_x}$	$-2\hat{I}_{1z}\hat{I}_{2y} \sin \Omega_1 t_1 \sin \pi J t_1$

where, J is the coupling constant between I₁ and I₂, Ω is the chemical shift

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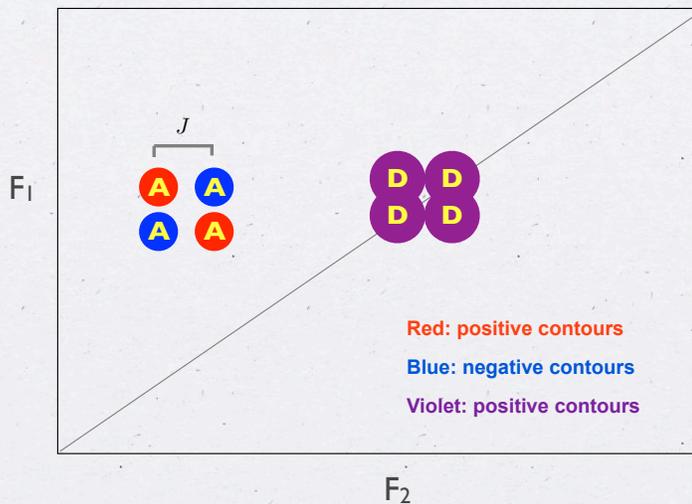
Implications on Lineshapes



Dispersive lineshape has undesirable fat tails, therefore limits the spectral resolution



Implications on Lineshapes



Pitfalls:

- Crosspeaks may mutually cancel with each other if J is not large enough,
- The tail part of the diagonal signals may obscure cross peaks around the diagonal.



Implications on Lineshapes

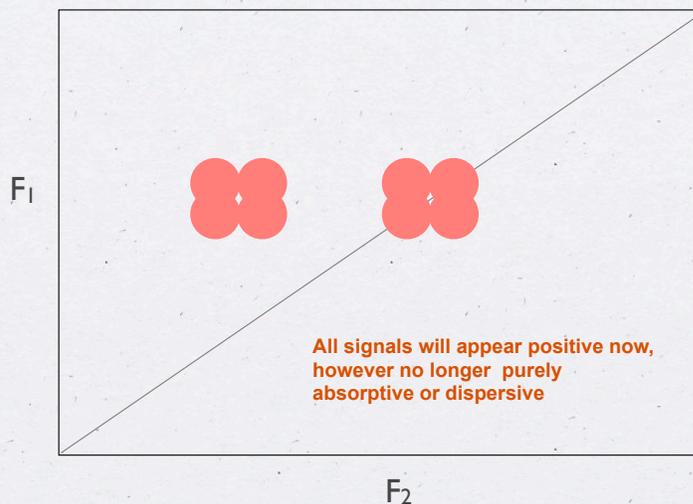
The EASIEST ways to correct the COSY lineshape problems:

- To use absolute value ($\sqrt{Re^2 + Im^2}$) to calculate the 2D spectra,
- To use a *sinebell* function to apodize your FIDs to reduce the intensity of diagonal signals relative to crosspeaks, and to improve resolution. A *sinebell* function de-emphasizes the initial parts of the FIDs, where the magnetization transfer is still minimal.

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Implications on Lineshapes



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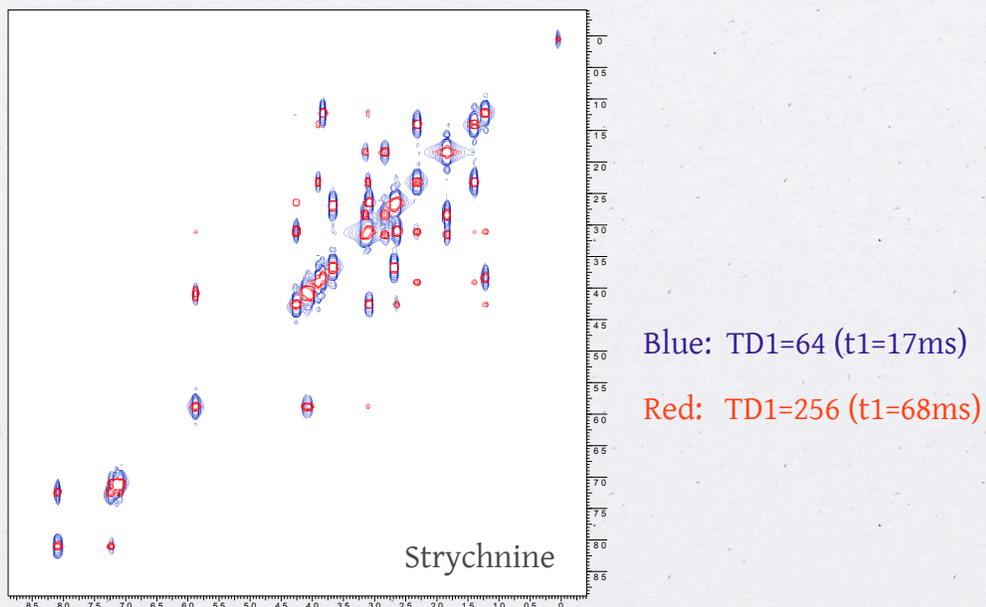
Implications on Crosspeaks

- ▶ The coherence transfer is modulated by $\sin(\pi J t_1)$. For optimal transfer, t_1 should be set to $\frac{1}{4J} - \frac{1}{2J}$.
- ▶ Our default parameters are set to observe J couplings of around 10Hz.

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Effects of t_1 on COSY Crosspeaks



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Step by Step Guide to COSY

- ▶ Run a proton spectrum, optimize **SW** and **O1**, take a note of **SWH**, **O1** and **SR**,
- ▶ Create a new experiment with **edc**, type **rpar ubc_COSY** to load the standard parameter settings,
- ▶ Set your **SWH**, **O1** and **SR** to the same values as in your 1D spectrum, type **1 SWH** (note: there is a space between 1 and SWH) to set the frequency bandwidth in your F1 dimension exactly the same value as your **SWH**.
- ▶ The default **TD on F1** is set to 256. If you wish to modify it, you can do so by typing **1 TD** and then supply it with your desired value. Larger value than 512 is rarely necessary.
- ▶ set your number of scans (**ns**),

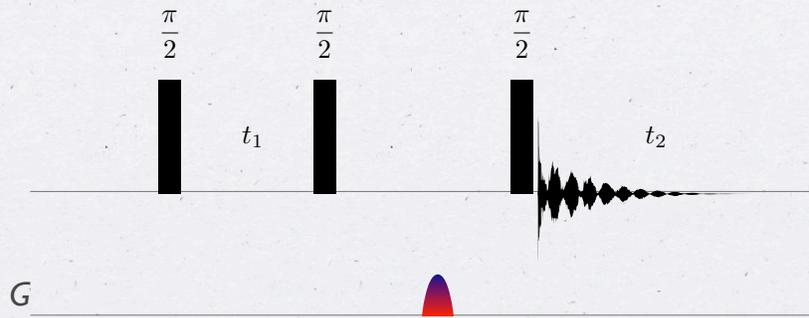
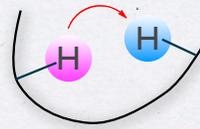


Step by Step Guide to COSY

- ▶ Type **expt** to calculate the total experiment time. For one scan experiment running at default parameters, COSY should take about 5 minutes,
- ▶ Type **rga** to automatically set the receiver gain, wait for the message: “rga: finished”,
- ▶ Type **zg** to start the data acquisition, wait for the message: “zg: finished”,
- ▶ Type **xfb** to do the 2D Fourier transform,
- ▶ You can automatically correct the baseline with **abs2D** command. You can also symmetrize your 2D map with **sym** command, however they will be done at your own discretion.



[H,H]-NOESY



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What We Are Measuring

For diagonal signals:

$$\hat{I}_{1z} \xrightarrow{(\frac{\pi}{2})_x} -\hat{I}_{1y} \xrightarrow{\Omega_1 I_z} -\hat{I}_{1y} \cos \Omega_1 t_1 \xrightarrow{(\frac{\pi}{2})_x} \hat{I}_{1z} \cos \Omega_1 t_1$$

$$\xrightarrow{\tau_m} a_{11}(\tau_m) \hat{I}_{1z} \cos \Omega_1 t_1 \xrightarrow{(\frac{\pi}{2})_x} -a_{11}(\tau_m) \hat{I}_{1y} \cos \Omega_1 t_1$$

Both the diagonal and crosspeak now have the same absorptive lineshapes!

For cross peaks:

$$\hat{I}_{1z} \xrightarrow{(\frac{\pi}{2})_x} -\hat{I}_{1y} \xrightarrow{\Omega_1 I_z} -\hat{I}_{1y} \cos \Omega_1 t_1 \xrightarrow{(\frac{\pi}{2})_x} \hat{I}_{1z} \cos \Omega_1 t_1$$

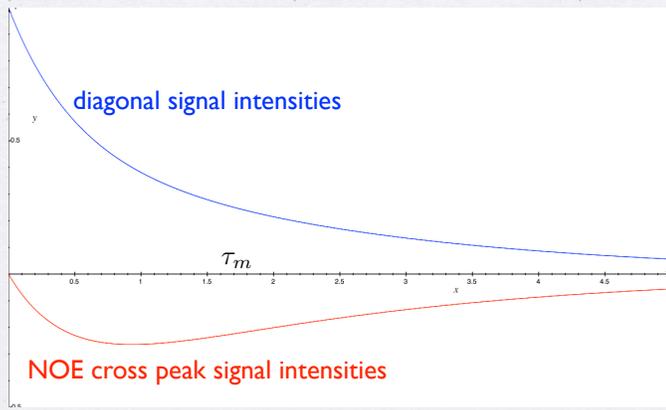
$$\xrightarrow{\tau_m} a_{12}(\tau_m) \hat{I}_{2z} \cos \Omega_1 t_1 \xrightarrow{(\frac{\pi}{2})_x} -a_{12}(\tau_m) \hat{I}_{2y} \cos \Omega_1 t_1$$

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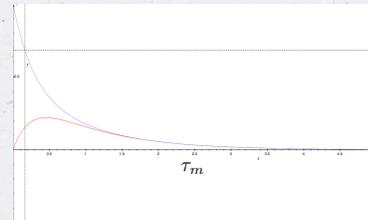


NOESY as a Function of τ_m

Simulation for geminal protons
of a small molecule



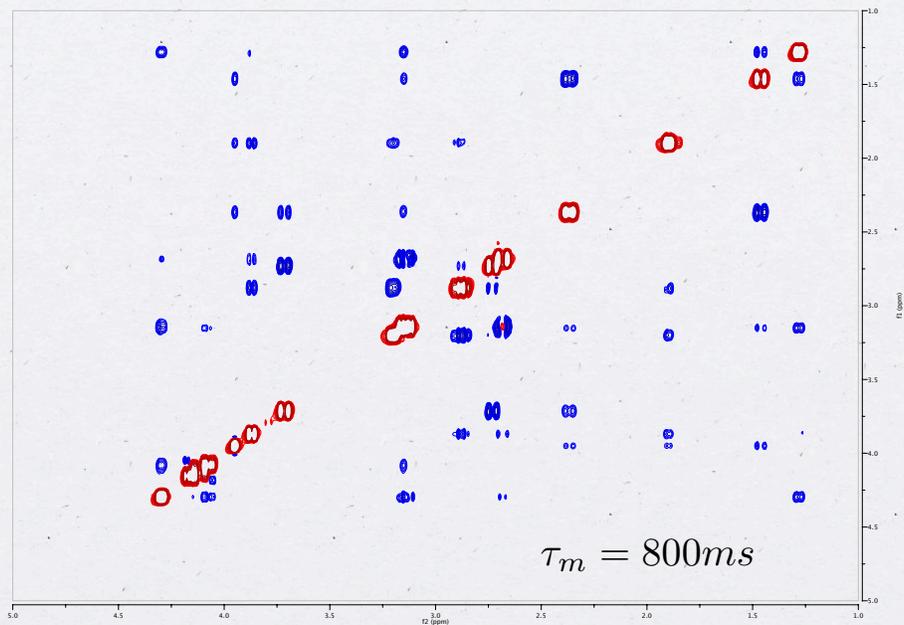
Simulation for geminal protons
of a large molecule



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NOESY of Strychnine



$\tau_m = 800ms$

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Step by Step Guide to NOESY

- ▶ Run a proton spectrum, optimize **SW** and **O1**, take a note of **SWH**, **O1** and **SR**,
- ▶ Create a new experiment with **edc**, type **rpar ubc_NOESY** to load the standard parameter settings,
- ▶ Set your **SWH**, **O1** and **SR** to the same values as in your 1D spectrum, type **1 SWH** (note: there is a space between 1 and SWH) to set the frequency bandwidth in your F1 dimension exactly the same value as your **SWH**.
- ▶ The default **TD on F1** is set to 400. If you wish to modify it, you can do so by typing **1 TD** and then supply it with your desired value. Larger value than 512 is rarely necessary.
- ▶ Set your mixing time (**d8**). For small molecules, we recommend values between 600ms and 1.0s. The default is 800ms. Set your number of scans (**ns=4xN**), type **expt** to calculate the total experiment time.

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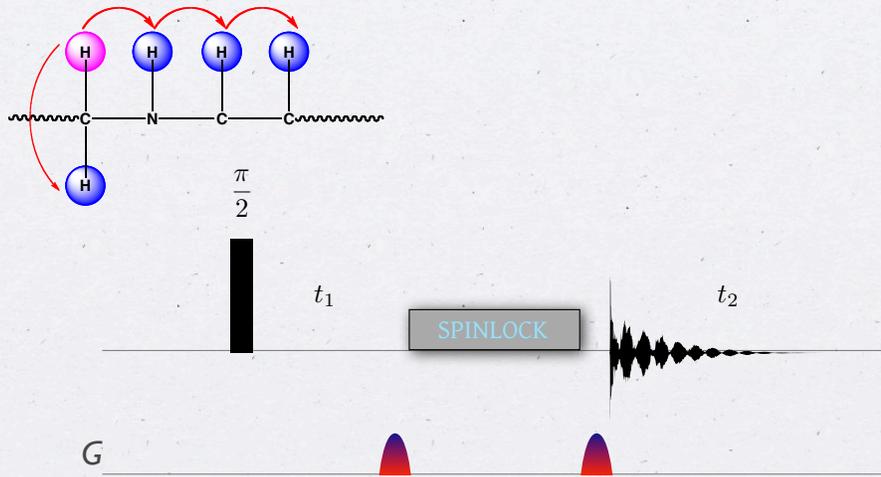
Step by Step Guide to NOESY

- ▶ Type **rga** to automatically set the receiver gain, wait for the message: “rga: finished”,
- ▶ Type **zg** to start the data acquisition, wait for the message: “zg: finished”,
- ▶ Do **rser 1**, phase it all up, and save it as 2D.
- ▶ Type **xfb** to do the 2D Fourier transform. For small molecules, the diagonal signals have the opposite phase to the crosspeaks.

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TOCSY



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What We Are Measuring

For diagonal signals:

$$\hat{I}_{1z} \xrightarrow{\left(\frac{\pi}{2}\right)_x} -\hat{I}_{1y} \xrightarrow{\Omega_1 I_z} \xrightarrow{2\pi J I_{1z} I_{2z}} \hat{I}_{1x} \sin \Omega_1 t_1 \sin \pi J t_1$$

$$\xrightarrow{\text{spin lock}} \frac{1}{2} \hat{I}_{1x} (1 + \cos(2\pi J \tau_{s-p})) \sin \Omega_1 t_1 \cos \pi J t_1$$

For cross peaks:

$$\hat{I}_{1z} \xrightarrow{\left(\frac{\pi}{2}\right)_x} -\hat{I}_{1y} \xrightarrow{\Omega_1 I_z} \xrightarrow{2\pi J I_{1z} I_{2z}} \hat{I}_{1x} \sin \Omega_1 t_1 \sin \pi J t_1$$

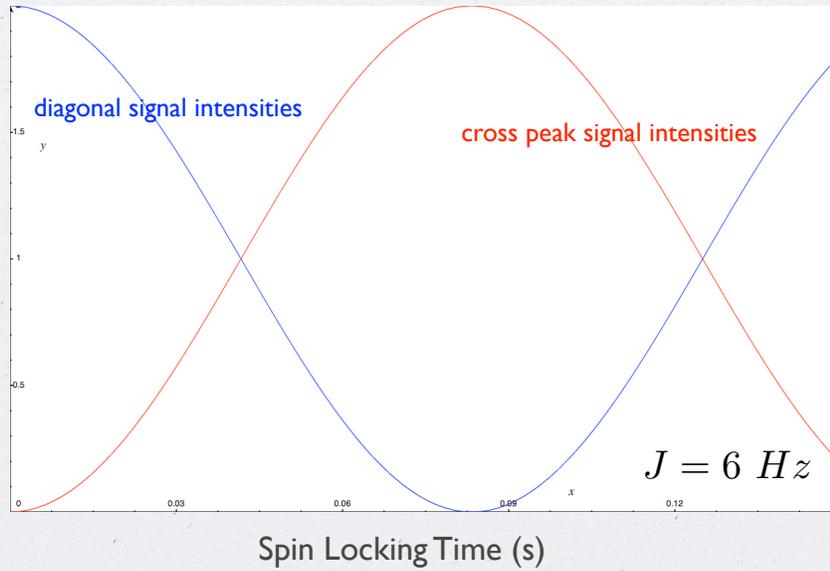
$$\xrightarrow{\text{spin lock}} \frac{1}{2} \hat{I}_{2x} (1 - \cos(2\pi J \tau_{s-p})) \sin \Omega_1 t_1 \cos \pi J t_1$$

Both the diagonal and crosspeak now have the same absorptive lineshapes! Note: some COSY lineshapes may be observed due to the nature of spin-locking

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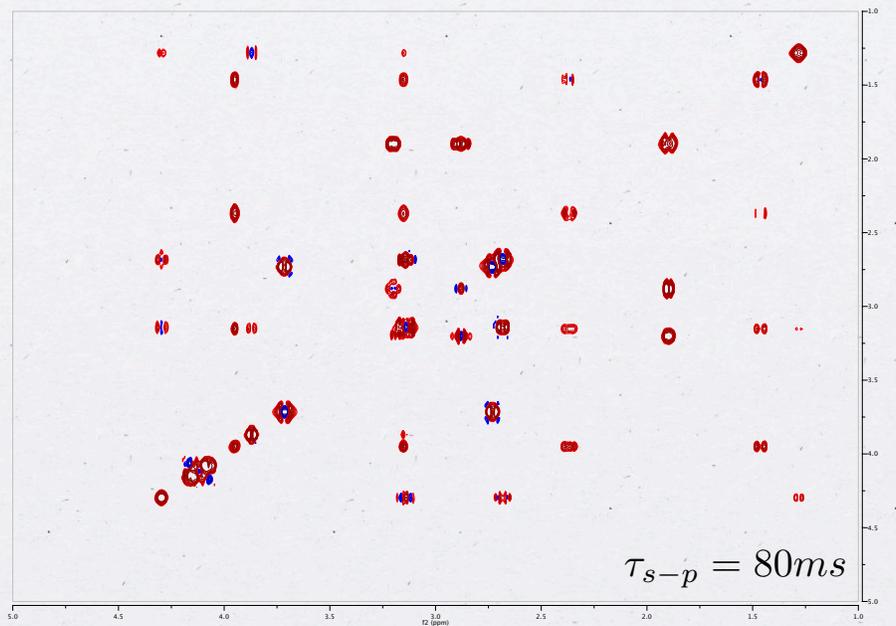
TOCSY as a Function of Spin-Lock



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TOCSY of Strychnine



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Step by Step Guide to TOCSY

- ▶ Run a proton spectrum, optimize **SW** and **O1**, take a note of **SWH**, **O1** and **SR**,
- ▶ Create a new experiment, type **rpar ubc_TOCSY** to load the standard parameter settings,
- ▶ Set your **SWH**, **O1** and **SR** to the same values as in your 1D spectrum, type **1 SWH** (note: there is a space between 1 and SWH) to set the frequency bandwidth in your F1 dimension exactly the same value as your **SWH**.
- ▶ The default **TD on F1** is set to 384. If you wish to modify it, you can do so by typing **1 TD** and then supply it with your desired value. Larger value than 512 is rarely necessary.
- ▶ Set your Spin-Lock time (**d9**). The default is 80ms. Set your number of scans (**ns=4xN**), Type **expt** to calculate the total experiment time.

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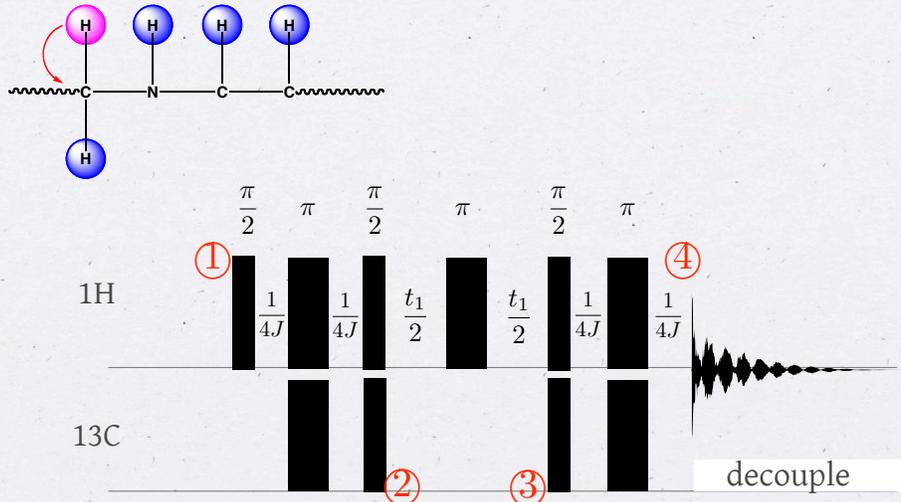
Step by Step Guide to TOCSY

- ▶ Type **rga** to automatically set the receiver gain, wait for the message: “rga: finished”,
- ▶ Type **zg** to start the data acquisition, wait for the message: “zg: finished”,
- ▶ Type **xfb** to do the 2D Fourier transform.
- ▶ Phase correct on both dimensions (see instructions later).

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[1H, 13C]-HSQC



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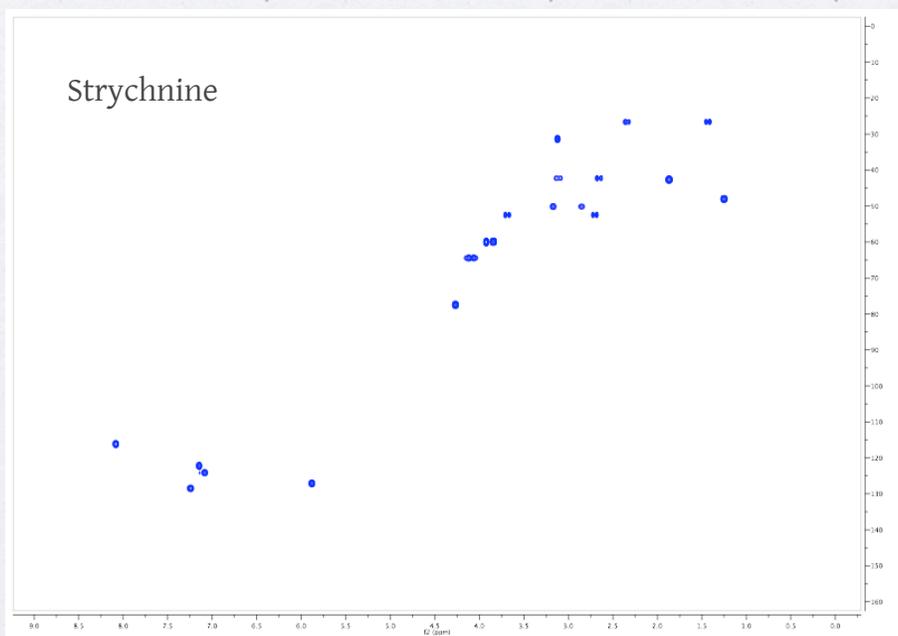
What We Are Measuring

- ① \hat{I}_z
- ② $-2\hat{I}_z\hat{S}_y$
- ③ $2\hat{I}_z\hat{S}_y \cos(\Omega_S t_1)$
- ④ $\hat{I}_x \cos(\Omega_S t_1)$

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[¹H, ¹³C]-HSQC



Step by Step Guide to HSQC

- ▶ Run a proton spectrum, optimize **SW** and **O1**, take a note of **SWH**, **O1** and **SR** for your proton spectrum,
- ▶ Run a carbon spectrum, find out the optimum bandwidth for all protonated Carbon-13 signals,
- ▶ Create a new experiment with **edc**, type **rpar ubc_HSQC** to load the standard parameter settings,
- ▶ Set your **SWH**, **O1** and **SR** to the same values as in your 1D proton spectrum,
- ▶ You can use the default parameters for your bandwidth (0 - 165ppm) in C13-dimension. Alternatively, to customize your spectrum window in your C13 (F1) dimension, type **1 SW** (note: there is a space between 1 and SW) to set the spectrum window of your F1 dimension; type **O2p** to set the desired frequency offset in F1; type **1 SR** to set the reference frequency to your **SR** of your carbon spectrum,



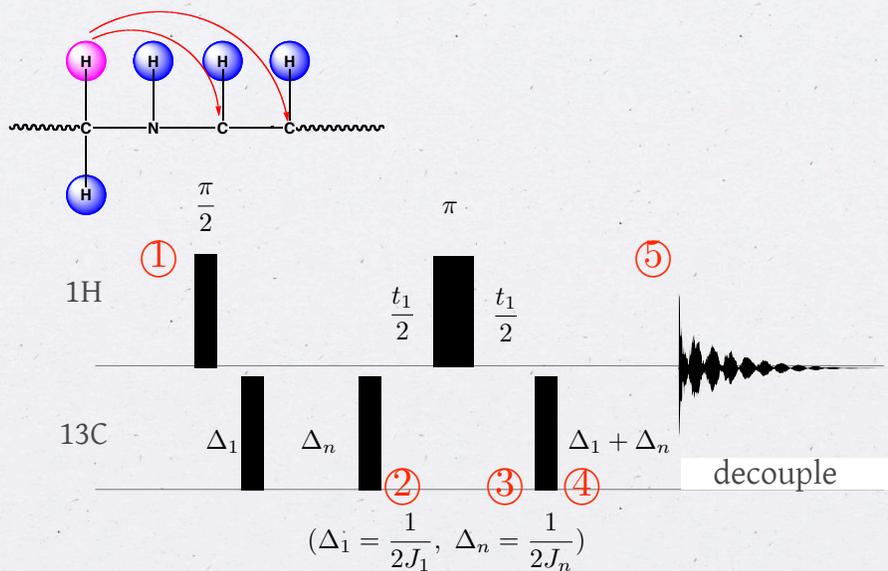
Step by Step Guide to HSQC

- ▶ The default **TD on F1** (carbon dimension) is set to 256. If you wish to modify it, you can do so by typing **1 TD** and then supply it with your desired value,
- ▶ Set your number of scans (**ns**) of each increment,
- ▶ Type **expt** to calculate the total experiment time,
- ▶ Type **rga** to automatically set the receiver gain, wait for the message: “rga: finished”,
- ▶ Type **zg** to start the data acquisition, wait for the message: “zg: finished”,
- ▶ Type **xfb** to do the 2D Fourier transform,
- ▶ Phase correct the 2D spectra on both dimensions (see instructions later).

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[1H, 13C]-HMBC



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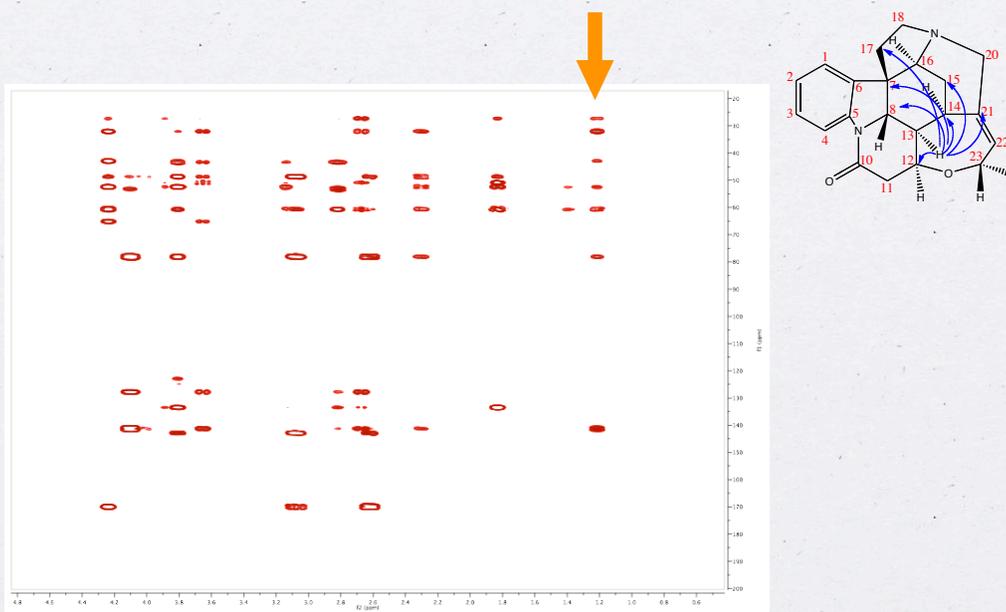
What We Measure

- ① \hat{I}_z
- ② $-2\hat{I}_x\hat{S}_y \cos \Omega_I\tau - 2\hat{I}_y\hat{S}_y \sin \Omega_I\tau$
- ③ $-2\hat{I}_x\hat{S}_y \cos(\Omega_I\tau) \cos(\Omega_S t_1) + 2\hat{I}_x\hat{S}_x \cos(\Omega_I\tau) \sin(\Omega_S t_1)$
 $+2\hat{I}_x\hat{S}_y \sin(\Omega_I\tau) \cos(\Omega_S t_1) - 2\hat{I}_x\hat{S}_y \sin(\Omega_I\tau) \sin(\Omega_S t_1)$
- ④ $-2\hat{I}_x\hat{S}_z \cos(\Omega_I\tau) \cos(\Omega_S t_1) + 2\hat{I}_x\hat{S}_x \cos(\Omega_I\tau) \sin(\Omega_S t_1)$
 $+2\hat{I}_y\hat{S}_z \sin(\Omega_I\tau) \cos(\Omega_S t_1) - 2\hat{I}_x\hat{S}_y \sin(\Omega_I\tau) \sin(\Omega_S t_1)$
- ⑤ $-\hat{I}_y \cos(\Omega_S t_1)$

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CIGAR-HMBC of Strychnine





Step by Step Guide to HMBC

- ▶ Run a proton spectrum, optimize **SW** and **O1**, take a note of **SWH**, **O1** and **SR**,
- ▶ Run a carbon spectrum, optimize **SW** and **O1**, take a note of **SWH**, **O1** and **SR** for your carbon spectrum,
- ▶ Create a new experiment with **edc**, type **rpar ubc_HMBC** to load the standard parameter settings,
- ▶ Set your **SWH**, **O1** and **SR** to the same values as in your 1D spectrum, type **1 SWH** (note: there is a space between 1 and SWH) to set the frequency bandwidth in your F1 dimension exactly the same value as your **SWH**.
- ▶ You can use the default parameters for your bandwidth (**0 - 250ppm**) in C13-dimension. Alternatively, to customize your spectrum window in your C13 (F1) dimension, type **1 SWH** (note: there is a space between 1 and SWH) to set the frequency bandwidth in your F1 dimension exactly the same value as your **SWH** of your carbon spectrum; type **O2** and supply it with the **O1** value of your carbon spectrum; type **1 SR** to set the reference frequency to your **SR** of your carbon spectrum,

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Step by Step Guide to HMBC

- ▶ The default **TD1** is set to 400. If you wish to modify it, you can do so by typing **1 TD** and then supply it with your desired value. Larger value than 512 is rarely necessary.
- ▶ set your number of scans (**ns**),
- ▶ Type **expt** to calculate the total experiment time,
- ▶ Type **rga** to automatically set the receiver gain, wait for the message: “rga: finished”,
- ▶ Type **zg** to start the data acquisition, wait for the message: “zg: finished”,
- ▶ Type **xfb** to do the 2D Fourier transform.

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2D Data Processing

Type **edp** for the processing menu:

- ▶ **SI**: controls the size of the real part of the transformed NMR spectrum in each dimension. In F2 dimension, set **SI=TD/2**, in F1 dimension, set **SI = 256** or **512**. An excessively large **SI** in F1 can be very expensive in terms of computing speed and disk space and completely unnecessary.
- ▶ **MC2 (F1)**: depends on your pulse program for data acquisition. This parameter is set according to how frequency discrimination on F1 is achieved. Inputs are States, States-TPPI, TPPI or Echo-AntiEcho)
- ▶ **WDW** and **SSB**: controls how you apodize your 2D FIDs. The fids in 2D experiments often appear as echos rather than exponential decays, the window functions are therefore different than the 1D case. The most common settings for **WDW** in each dimension are **SINE** (sine multiplication) or **QSINE** (squared sine multiplication), and **SSB** controls the phase of the sine function (or squared sine function) used in the fid apodization. When **SSB=0**, a pure sine wave is multiplied, and when **SSB=2**, a pure cosine wave.

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2D Data Processing

- ▶ **PH_mod**: controls the phase mode implemented after the 2D FT. When set to “**pk**”, phase correction is performed using the values of **PHC0** and **PHC1**, when set to “**mc**”, it calculates the magnitude spectrum. For 2D magnitude experiments such as COSY or HMBC, **PH_mod(F2)** is set to “**no**” and in **F1** set to “**mc**”. For phase sensitive experiments, **PH_mod** should be set to “**pk**” according to appropriate **PHC0** and **PHC1**.
- ▶ **ME_mod**: controls linear prediction calculations on fids. To enable linear prediction, **ME_mod** can be set to **LPfr** (forward predict, real data), **LPfc** (forward predict, complex data), **LPbr** (backward predict, real data), or **LPbc** (backward predict, complex data). Set **NCOEF** to be approximately the same as expected signals. Usually linear prediction is only needed in indirect dimensions.
- ▶ Once all processing parameters are correctly prepared, type **xfb** to start 2D FT transformation. Note, if you load our parameter files (ubc*) to run your 2D experiments, these parameters should be correctly set already.

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Phasing

“Phase Sensitive” 2D Experiments

- Generally, a 2D spectrum is first phase corrected in the F2 dimension (rows), and then in the F1 dimension (columns). To phase correct the spectrum in F2, three rows each with a cross peak should be selected. The cross peak of one row should be to the far left of the spectrum, the cross peak of the second row should be close to the middle, and the one of the third row should be to the far right of the spectrum.
- Enter the phase correction menu by clicking on the **phase** button.
- Select one row by clicking on **row** with the left mouse button to tie the cursor to the 2D spectrum appearing in the upper left corner of the display. Move the mouse until the horizontal cross hair is aligned with a row that has a cross peak. Select the row by clicking the middle mouse button. If the selected row does not intersect the most intense portion of the cross peak, click **+** or **-** with the left mouse button until it does. Once the desired row is selected, click on **row 1** with the left mouse button to move the row to window 1 appearing in the upper right hand corner of the display.
- Repeat the selection of rows described above for a row with a cross peak in the middle and another row with a cross peak at the right edge of the spectrum and move them to window 2 and 3, respectively.

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Phasing

“Phase Sensitive” 2D Experiments

- Now that three rows have been selected, the 0th- and 1st-order phase corrections in F2 are determined by hand exactly as described for the 1D spectrum:
- Click on the **big 1** or the **cur 1** button to tie the cursor to the biggest peak of the row in window 1. Phase Correct this row using the 0th-order phase correction button **ph0**. Correct the 1st-order phase correction for the other two rows using the **ph1** button and observe the rows in window 2 and 3, respectively.
- Save the phase correction by returning to the main window (select **Save & return** at the prompt).
- To phase correct the spectrum in F1, repeat the above procedure by selecting three columns rather than rows.

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Step-by-Step to T1/T2 Measurement

- ▶ Setup your temperature with `edte`, and wait for the equilibrium,
- ▶ Create a new experiment with `edc`, and run a proton spectrum, optimize `SW` and `O1`, write them down,
- ▶ Create the next experiment with `i` or `wrpa #n`, load T1 or T2 parameter files with `rpar ubc_T1` or `ubc_T2`, type in your `SW` and `O1`,
- ▶ Check if the default `d1` and delay lists (`t1_tau` for T1 and `t2_tau` for T2) are appropriate for you. If not, you can create your own delay list files with different names. set your `ns` to `8xN`,
- ▶ Type `rga` and `zg` to start acquisition, wait for message: "`zg: finished`".

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Step-by-Step to T1/T2 Measurement

- ▶ Type `rser 1`, Fourier transform the fid, phase and baseline correct the spectrum and store it to 2D. Enter `basl`, from here click on `def-pts`. Use the middle mouse button to select the signals for which T1 or T2 will be calculated. Take care to select the point of maximum intensity for each peak. When finished, click the left-hand mouse button to release the cursor from the spectrum. Type `wmisc`, select `baslpnts` from the list, type in your file name to store the selected peak info. Click on `return` and select save and return to exit. click on `2D` to return to the 2D data set.
- ▶ Type `xf2` to process all the fids to spectra, and `abs2` to baseline correct all the spectra,
- ▶ Type `edt1`, set `NUMPTS` to 16 or your own number of delays, set `LISTTYPE` to `vdlist` (for T1) or `vclist` (for T2), set `FCTYPE` to `invrec` (for T1) or `expdec` (for T2). From the `Analysis` pulldown menu, select `Relaxation (T1/T2)`, load the peak info file you just saved with `rmisc`, type `pd0` to find the peak intensities for all spectra, click `seen` to ignore the error message, type `simfit all` calculate T1 or T2 values.
NOTE: The calculated T2s are in ms.

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Step-by-Step Guide to Measure Diffusion Coefficient

- ▶ Set up temperature with `edte`, create a new experiment, `rpar ubc_DOSY1d`, the default parameter file sets Δ (`d20`) = 50ms, and δ (`p30=0.5ms`), the gradient strength `gpz6` is set to 2% of the maximum gradient strength of each spectrometer;
- ▶ Type `rga` and `zg` to acquire the data, optimize the SW and O1 if needed, re-acquire the data and store the data by `wrp 2` (store it in PROCNO 2). This spectrum will be used as a reference for the parameter optimization process;
- ▶ Increase `gpz6` to 95%, acquire the data, and compare this spectrum with the reference spectrum, the intensity will now go down. Adjust `d30` so that the intensity will go down approximately to 5% of the reference spectrum. note: the smallest signals have to be above the noise, if not, increase number of scans;
- ▶ Type `rpar ubc_DOSY2d` to load 2D DOSY parameters, type in your optimized `d20` and `p30`, as well as your SW and O1.
- ▶ Use `dosy` macro to set up diffusion measurement. `dosy 2 95 16 l y y` will set the starting gradient strength to 2%, the final gradient strength to 95% in 16 steps linearly, and the acquisition will start after `rga`.

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Step-by-Step Guide to Measure Diffusion Coefficient

- ▶ Type `rser 1`, Fourier transform the fid, phase and baseline correct the spectrum and store it to 2D. Enter `basl`, from here click on `def-pts`. Use the middle mouse button to select the signals for which diffusion coefficients will be calculated. Take care to select the point of maximum intensity for each peak. When finished, click the left-hand mouse button to release the cursor from the spectrum. Type `wmisc`, select `baslpnts` from the list, type in your file name to store the selected peak info. Click on `return` and select save and return to exit. click on `2D` to return to the 2D data set.
- ▶ Type `xf2` to process all the fids to spectra, and `abs2` to baseline correct all the spectra,
- ▶ Type `setdiffparm`, this will transfer all your experimental parameters, i.e. Δ and δ , and automatically set all your parameters under `edt1` menu; From the Analysis pulldown menu, select Relaxation (T1/T2), load the peak info file you just saved with `wmisc`, type `pd0` to find the peak intensities for all spectra, click `seen` to ignore the error message, type `simfit all` to calculate the diffusion coefficients.

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